

Is Your Infant Presenting with Torticollis, or Flat or Bulging Head Syndrome?

CranioSacral Therapy Versus Chiropractic Care:



Babies somatic dysfunctions of the cranial bones and neck can result from birth trauma and development in utero.

While Chiropractors release bone on bone restrictions to align the spine and cranial base, CranioSacral Therapists use bones as handles to gently release soft tissue dysfunctions throughout the body and within the head itself.

In infants, the cranial bones are like islands suspended in tissue. They are designed to decompress after birth. Sometimes they just need a little help!

While Chiropractics help the neck in torticollis cases, it often does not address the accompanying head, facial & ear asymmetries that occur when the bones and soft tissue of the cranium have been affected. Parents who decide to go solely with the Chiropractic route can find themselves in the difficult situation where baby is now 6 or 7 months old and still presents with cranial asymmetry. Parents are then faced with the decision of whether or not to helmet.

These difficult decisions can be avoided with early intervention! At around 4 months, hormonal signals begin to change bone composition and harden the cranium. It is important to consider CranioSacral Therapy as early as possible. Depending on your child's diagnosis, a team approach is often best.