

Infant Massage

**Individual Sessions and
Group Classes at
Miami Beach Pediatrics**

**Learn How to
Massage Your Baby!**



**Michelle Stoppi, MA LMT
Certified Infant Massage Therapist Instructor**

Benefits for Baby & Parents

- Take time to relax and bond with your baby
- Reduce crying
- Helps soothe and calm
- Helps with baby's self awareness
- Helps digestion and waste elimination
- Positively affect infant hormones that control stress
- Boosts the immune system & circulation
- Learn exercises for baby's development



1 hour sessions for infant massage or expecting/parent Instruction. Sessions cost \$120 for one hour, \$60 per infant for group class (Max 2 participants per child, for babies from Newborn to 9 months). Contact Michelle directly to book appointments at Miami Beach Pediatrics, or to find out dates for group class.

Michelle Stoppi, MA LMT



Michelle is a CranioSacral Therapist, retreat facilitator and educator at five star spas & internationally acclaimed wellness centers around the world.

She is a Certified Infant Massage Therapy Instructor and has maintained a thriving CranioSacral Therapy Pediatric Massage practice in Miami, FL since 1991. She brings to the table a Masters Degree in Psychology from Boston University, 20 years as an Advanced Yoga Therapist, and 3 years of living and learning in the Far East.

Michelle's treatments quiet the mind, unwind the body, calm the nervous system and fill the soul with light.
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